

# Spa Menu

AT PENDLEY MANOR



## Starters

### LEEK & POTATO SOUP

Served with artisan bread roll

### AVOCADO & POACHED EGG

Served on toasted sourdough bread

### TOMATO & MOZZARELLA SALAD

Fresh basil leaves & green pesto

### MEDITERRANEAN PLATTER

Roasted vegetables, hummus, cherry tomato, marinated olives & grilled halloumi

### SMOKED SALMON & FENNEL SALAD

Fennel cress, lemon dressing & herb salad

## Mains

### HERB CRUSTED COD LOIN

Summer vegetables & fish soup

### TREASURE OF GARDEN

Season's finest vegetables sautéed, seared, roasted, puréed, dehydrated, blanched

### CORN-FED CHICKEN SUPREME

Scallion mash, green beans & wild garlic sauce

### PAN FRIED TOFU

Citrus quinoa, pak choi & teriyaki dressing

### ASPARAGUS & PEA RISOTTO

Sun dried tomato, rocket & parmesan cheese

## Desserts

### EXOTIC FRUIT SALAD

Raspberry sorbet

### CRÈME BRÛLÉE

Shortbread biscuit

### SUMMER PUDDING TORTE

Berry compôte

### SORBET SELECTION

Mango, raspberry & lime

Food allergies? Please let us know. Please note our kitchen is not a nut-free environment.  
Supplement charge of £8 for 3 course meal. All prices are inclusive of VAT.

